



# Footprints NEWS

We Bring HOPE To You!!

Spring 2011



It has been challenging, exciting, and at times awesome to see how God has developed and provided for A Caring Pregnancy Resource Center over the years. As one of the “long termers”, I remember many of the steps it took from people who spent many hours in prayer and work to form a non-profit, find a location, receive training and eventually hire a director. Their commitment to following God’s leading as well as their dedication to accomplishing an abortion alternative drew me to the ministry.

The talents and time to accomplish each step of development were provided when individual said yes to that inner prompting to do something as they prayed for abortion to stop. Challenges were overcome as volunteers converted a donated home into a welcome office/ counseling space, wrote newsletters, and raised financial support.

Finances are always a challenge for a non-profit ministry. However, it has been truly awesome to see God provide just what was needed at just the right time. Because of those who faithfully say yes with their financial support, the ministry is stable and continues to grow and make a difference in the lives of mothers, babies, youth, and post- abortion women.

The abstinence based WAIT program was added for middle school and high school youth to educate them before an unplanned pregnancy or an STD occurred. The WAIT Program is successfully showing youth the truth about premarital sex and helping them to develop goals and skills to make good decisions. It is exciting to hear students say “thanks” as more and more schools incorporate WAIT in their schedules.

This year volunteers are facilitating a bible based study for women suffering from the after affects of abortion. Those participating have truly been blessed to see the joy of being set free.

I am thankful for individuals, like Jan, that are willing to go wherever God’s calls them. Though he does not need to, God chooses to partner with us. It is through His strength that Jan is able to dedicate herself to the challenging ministry of A Caring Resource Center. Through her willingness to share her talents, experiences, mentoring, love and friendship with others, God is changing lives.

As my term ends on the board, someone else will receive the call to serve in leadership. There is no doubt that new challenges will be there, but where He leads, and the ministry follows, there will be awesome and exciting results of lives being saved.

It is a blessing to serve our AWSOME God,

Ellie Beal  
*Board Member / Treasurer*

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## Why is this happening?

Why is this happening after all these years? I thought I would never have to deal with it. No one else knows about it, can't it just stay that way? Why is the Center offering a Post Abortion Bible Study? No Lord, you can't mean that I should sign up for it? After all I didn't have an abortion, it was just a family member. Ok, I'll sign up, being in a Bible Study can't hurt – right?

We are moving into our 5th week of the PACE (Post Abortion Curriculum Education) Bible study. The leaders are nice, but I still have my own guilt for having helped with the abortion. No matter how I look at the study material, I don't seem to be able to let go of the guilt that I feel. Maybe there was something I could have done?

It is Friday night and I think I will get ahead of my Bible reading. As I look at the material and the verses, God seems to highlight a sentence concerning my guilt. It is as if he is telling me that as long as "I" hold on to my guilt, I am saying that he does not have as much power or authority as "I" do. Oh my, is that how I have been treating him? I know he has forgiven me, so really what am I saying if I don't forgive myself? Oh God, you are setting me free!! I can let this go.

You are a merciful and loving God and I am forgiven. Thank you for helping me to forgive myself after all of these years. No more hiding this in my closet. I actually feel light and free! Thank you Lord.



## Baby Bottle Time

**From: Mother's Day - May 8th 2011**

**To: Father's Day – June 19th 2011**

Some churches collect from Mother's Day to Labor Day (*get it Labor Day !!!*) It's up to you.

Collect your coins, cash, checks, etc. and either run the total through your Missions Fund or call the Center to have Jan pick up your bottles.

Have a contest to beat your total from last year.

*Thanks for all of your support.*

## The Center is offering a Post Abortion Bible Study

Have you ever struggled with feelings of guilt and shame? Do you wonder if there is any hope of moving out of your depression? Do you blame God for what happened. Do you wonder if you can ever forgive yourself?

There is hope!! God wants to restore you to Him. Are you willing to open the door of that long closed room and let God's light cast out the darkness?

Then call Dixie in Holyoke @ (970) 854-3543 or Jan @ (970) 842-4324 for further information about the 10 week Bible Study that can free you to be all that God wants you to be.

## Center Needs

1. Did you know that you can give a Tax Exempt Gift of Grain to the Center? This helps both you and the Center with end of the year donation. Call Ellie Beal – (970) 854-3623 for further information.
2. Do you have a passion for this ministry? Do you have talents such as accounting, bookkeeping, computer person, or advocacy skills? Would you pray about being on the Board or volunteering at the Center? Call Jan if you would like an application.
3. The Center needs larger size diapers: size #3, 4, 5'. This will help our older client's children.
4. Did you know that you could give a Gift in Honor of a loved one or in a Memoriam to the Center?

## My name is Mayra.

*I have a baby boy, his name is Samuel. He was born 6 weeks early. During my pregnancy, it was hard. I had no support from my parents. Thanks to Jan at the Center, I was able to get the prenatal care that I needed. Jan came by to pick me up for one of my visits which surprised me because I had not remembered that it was scheduled. It was a good thing that I went because when I told Dr. Elliot that I had been having headaches, she found out that I had pre-eclampsia, which meant that I had high blood pressure.*

*Dr. Elliott sent me to Colorado Plains Medical Center in Fort Morgan. The nurses told me that I was at risk of losing my life, my baby's life, or both of our lives. I spent about 3 days in the hospital in Fort Morgan. Dr. Elliott decided that it would be better to send me to the hospital in Denver. No matter where I was, Jan would find out where I was and she would give me a call when she had a chance. I never felt alone because Jan was always there calling me and supporting me.*

*On September 27, 2010, Samuel was born. He weighed 4 lbs 7 oz and was 17½ inches tall. When Samuel and I were able to go home I called Jan. She brought me a big box – she called it a “layette box” which contained towels, clothes, blankets, diapers, and toys. Thanks to her I didn't have to worry about buying anything right away.*

*I truly believe, thanks to Dr. Elliott, her staff and Jan, my baby and I are here today – happy and healthy.*

*I believe that Jan was put here to help girls like me. I am thankful that Jan is here for me. I am so glad to have her in my life. Without her, I have no idea what I would have done.*

**Changes are coming!** *Can you feel it in the air? Not just the change of season, but God is moving to reveal more of Himself to us. As we continue to pour out His oil on those around us, the soil of their hearts will become softer and more pliable.*

*Can you believe that God has opened doors for us to teach the WAIT material (the relationship and abstinence program) in 3 different counties? We are in 3 high school and 2 middle schools, soon to be 4 high schools and 4 or 5 middle schools. We are able to go into schools for 4 to 5 days teaching about respect, caring for yourself and your future, and what happens when STD's enter your life. God is moving. He wants his children healthy and focused on the good life that He has for them.*

*We just finished completing our first Post Abortion Bible Study group in Holyoke. We walked into the group knowing that without God presence, we might as well stay home. Our God is a mighty God. He showed up in ways that we could never have imagined. As you know, when He does that, “He” gets all of the glory. The women in the group were set free from past hurts, shame, and guilt. They are now able to live a life closer to God and we have only Him to thank. The Center will be offering additional groups in Morgan and Phillips counties. Please call for more information.*

*Blessings,*

*Jan*





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PO Box 304 · 214 Cameron St.  
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## Did you know?

### The CDC Data Proves Teen Sexual Activity is Declining!!

According to a 2006- 2008 survey commissioned by the CDC to the National Center for Health Statistics and released yesterday, 68% of boys and 67% of girls (age 15 – 17) have never had sexual intercourse.

And overall sexual contact trends are also encouraging with 53% of boys and 58% of girls (age 15 – 17) reporting that they have never had oral, anal, or vaginal sex with anyone. This information corroborates the recent news showing the teen birth rate hitting a 70 year record low. Additionally, the teen pregnancy rate is down 35% (since the early 1990's) and the teen abortion rate is down 48% (from 1991 – 2006).

Teens today are looking for help, guidance and tools for building healthy relationships, establishing boundaries, and developing refusal skills. Risk avoidance programs and messages are having an effect on behavioral outcomes.

**This is the WAIT training material that we teach in our schools.**



## MISSION STATEMENT

*The Center exists:*

- To share the love of Jesus Christ by providing education and promoting information on life issues,
- To help with the outcome of pregnancy and caring for those who are affected,
- To encourage the community to embrace healthy lifestyles.

## BOARD MEMBERS

**Tim Crumley, President**

**Pastor Don Smith, Vice President**

**Linda Smith, Secretary**

**Ellie Beal, Treasurer**

**Nelson Brent, Member**

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